



2025 Annual Report

Central Michigan District Health Department

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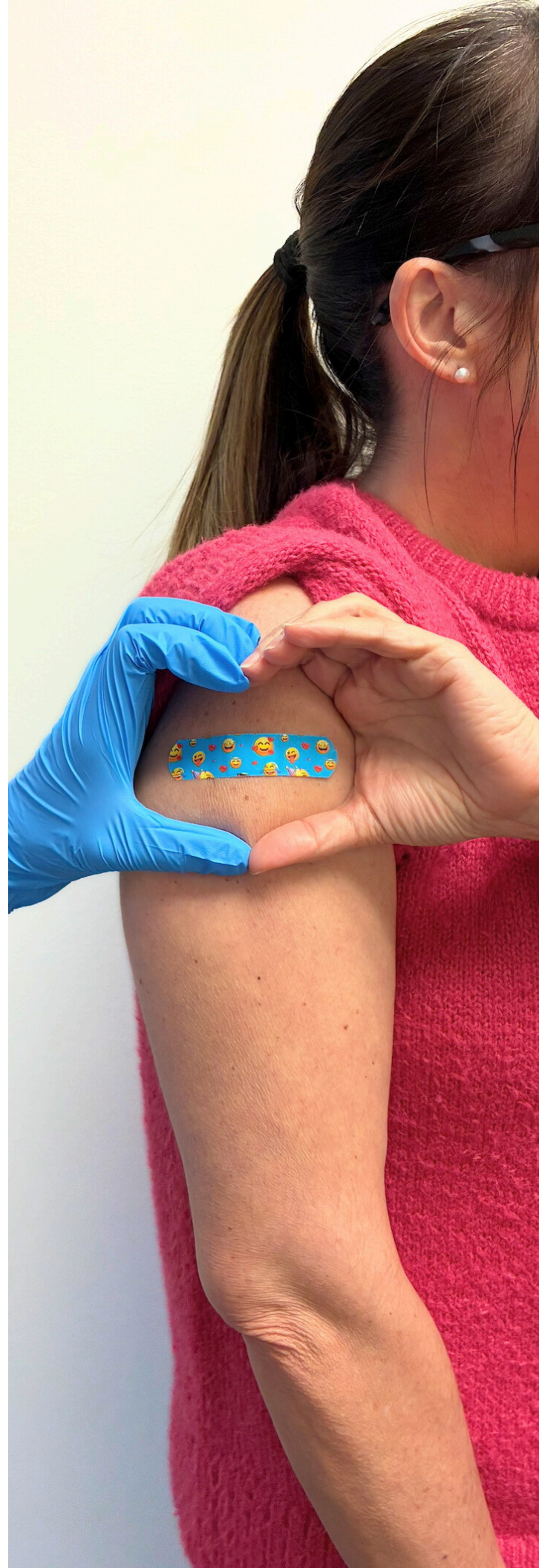


Central Michigan District Health Department

Promoting Healthy Families, Healthy Communities

Established in 1970

Accredited with Commendation by
the Michigan Local Public Health
Accreditation Commission and
Public Health Accreditation Board



Our Board of Health



Bobbe Burke
Arenac



Robert Campbell
Isabella



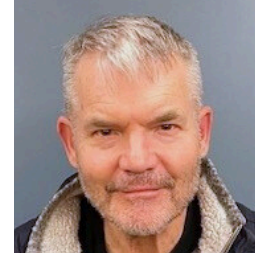
Greg Gydesen
Osceola



Jeff Haskell
Clare



Dale Majewski
Clare



Marc Milburn
Roscommon



Karen Moore
Gladwin



Jim Moreno
Isabella



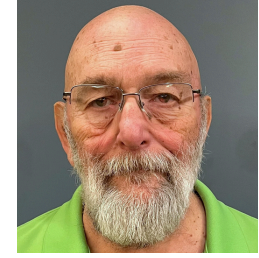
Kim Morley
Roscommon



Lisa Salgat
Arenac



David Turner
Osceola



Michael Visnaw
Gladwin

Our Leadership



Steve Hall
Health Officer



Jennifer Morse
Medical Director



Dawn Humphrey
Administrative
Services Director



Jaclyn Badger
Community
Health Director



Montie Schutz
Emergency
Preparedness
Coordinator



Steve King
Environmental
Health Director
(Retired July 2025)



Taylor Irwin
Environmental
Health Director
(July 2025 - Present)



Emily Nelson
Family Health
Director



Josh Clark
Information
Technology
Supervisor



Nichole Feltman
Personal Health
Director

Health Officer's Message



To the residents of Arenac, Clare, Gladwin, Isabella, Osceola, and Roscommon Counties:

On behalf of the Central Michigan District Board of Health and staff, I am pleased to present our 2025 Annual Report. This report highlights the work we do each day to promote health and well-being through prevention, education, and environmental safety across our communities.

Our staff is deeply committed to this mission, and I am proud of the impact we make together. I also want to thank our dedicated volunteers and partners across the region. Your support is essential to everything we accomplish.

In this report, you will find examples of that impact. In 2025, we tested 505 individuals for hepatitis C and treated 35 who tested positive. Our Exchange Central program safely collected more than 12,250 syringes. We enrolled 260 children in our Healthy Futures home visiting program. Environmental Health staff completed 1,154 restaurant inspections and issued 1,299 well permits. We administered 5,694 vaccinations, not including influenza, and conducted more than 25,000 hearing and vision screenings for school-aged children. Our WIC program served over 4,200 clients each month, and Community Connections helped 233 individuals find housing.

We also opened the BlueJay Wellness Center in partnership with Shepherd Public Schools. This Child and Adolescent Health Center provides accessible, high-quality care to help students stay healthy and ready to learn.

These highlights reflect just part of our work. I encourage you to read further to see how your local health department supports our communities every day.

Our services and programs are designed to improve the overall health status of our residents by providing preventative health services to citizens within our six-county jurisdiction. This is accomplished, in part, by engaging communities and collaborating with our many partners. I am honored to be associated with such a dedicated public health staff. Together, we can create healthier communities!

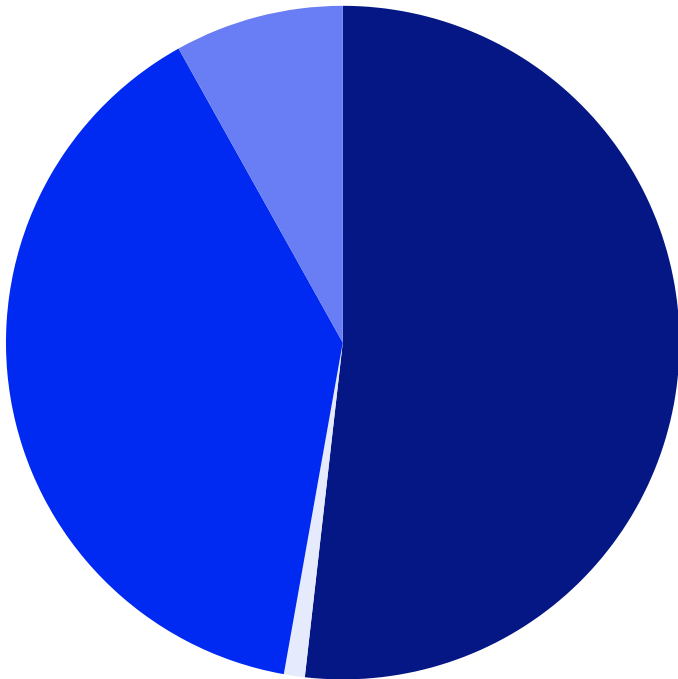
A handwritten signature in black ink that reads "Steve Hall".

Steve Hall

Health Officer

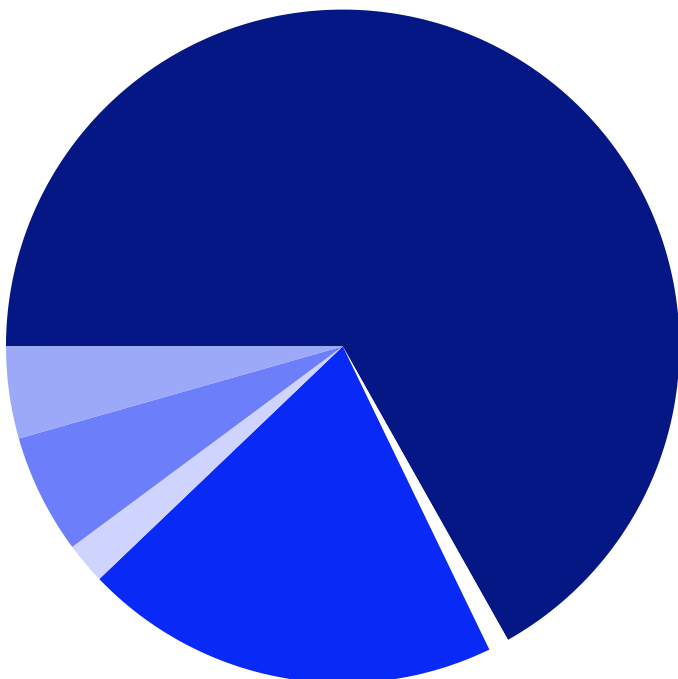
Revenue and Expenses

2025 Revenue



- State/Federal Funding: 51.58%
- Fees/Collections: 38.93%
- Local Revenue: 8.07%
- Other: 1.42%

2025 Expenses



- Salaries/Fringe Benefits: 67.28%
- Supplies: 20.16%
- Other: 5.78%
- Contractual: 4.44%
- Travel: 1.65%
- Communications: 0.69%

Communications



WHAT WE DO

CMDHD's communications staff share timely information with the public, media, and community partners. Outreach tools include press releases, flyers, newsletters, and social media posts on Facebook and Instagram. These channels help keep residents informed about agency events, available programs, and current public health guidance.

CMDHD's Public Information Officer works with communications staff from local health departments in the northern lower peninsula through the Northern Michigan Public Health Alliance. This partnership supports coordinated messaging and shared public health updates, including content posted on the Alliance's Facebook and Instagram accounts, which are managed by CMDHD's PIO. Communications staff also participate in regular meetings with local health department representatives across the state to share information and resources.

COMMUNITY IMPACT

In collaboration with CMDHD's medical director, the Public Information Officer developed fact sheets on measles, mumps, chickenpox, and whooping cough. These fact sheets were published at no cost as filler pages in The Busy Beaver's weekly Michiana Edition, which is delivered free to more than 17,000 Amish homes in Michigan and Indiana. This effort allowed CMDHD to provide clear, science-based information about contagious diseases, including prevention, symptoms, and treatment, to households that may have limited access to traditional public health communication channels.

CMDHD's social media platforms generated more than 2.2 million views in fiscal year 2025. Posts about influenza, measles, and tick season received the highest number of views, interactions, and shares, helping expand the reach of timely public health information.

MEASLES

Measles outbreaks continue in USA, Canada, and Mexico
Measles continues to spread, including in Anabaptist communities. Travel to areas where measles is spreading or having visitors from an area with measles can start an outbreak in your community.

WHAT TO WATCH FOR

Measles spreads very easily when an infected person coughs or sneezes. It can even spread just by being in the same room as someone sick up to 2 hours after they left that room. It can make people really sick. Most adults with measles are too sick to do chores or work. Many children need to go to the hospital. Some will die. It's important to know what to look for and what to do if you or someone in your home might have it.

WHAT CAN YOU DO?

- If you think someone in your home has measles:
 - Stay home and away from other people. This helps keep others from getting sick.
 - Contact your doctor or health department right away.
 - Do not go into the clinic or hospital without letting them know about the chance of measles.

Act in the best interests of your neighbor and help keep others safe.

- If someone in your house might have measles:
 - Stay home for at least 4 days after the rash started.
 - Avoid visitors, especially if they are not immune to measles.
 - Try to keep the sick person in one room, away from others.
 - Everyone should wash hands often.
 - Wash surfaces like doorknobs and counters.

If someone else in the house has not had measles or the vaccine, they might also need to stay home for a few weeks. Your doctor or local health department can give you guidelines.



SIGNS OF MEASLES

- Measles usually starts like a cold:
- High fever (may spike to more than 104° F)
 - Cough
 - Runny nose
 - Red, watery eyes

A few days later, a rash shows up.

Rash:

- Starts on the face and neck
- Spreads to the chest, arms, and legs
- Looks red or blotchy

Sometimes small white spots show up inside the mouth before the rash starts.

HELP PREVENT MEASLES

The safest and most effective way to prevent measles is to get the MMR vaccine, which also protects against mumps and rubella.

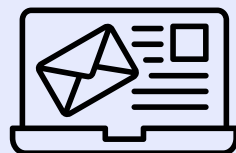
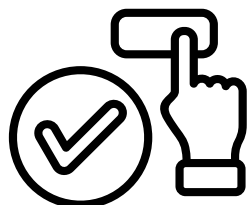
- The vaccine will give you lifelong protection to measles, mumps, and rubella without the risk from sickness.
- The vaccine will not give you measles and will not cause you to spread measles to other people.
- Contact your doctor or local health department if you have any questions or would like the MMR vaccine. Older children and adults can also get the vaccine at most pharmacies.

Questions about this article? Contact Dr. Morse at Central Michigan District Health Department: 989-314-7570.

CMDHD COMMUNICATIONS 2025 AT A GLANCE

2,220,964
Social Media Views

1,283
New social media followers



4,017
Quarterly Newsletter Subscribers

TOP PERFORMER
Facebook post from February 10, 2025

Michigan's Current Influenza Rate: VERY HIGH

Please take precautions to keep yourself and others safe.

2024-25 Influenza Season Week 5 ending Feb 01, 2025
Graphic courtesy of CDC

Views **563,901**
Interactions **2,738**
Shares **2,207**
New Follows **281**
Comments **230**

Community Health



- **Breast and Cervical Cancer Control Navigation Program (BC3NP)**
- **Community Connections**
- **Family Planning**
- **Hearing and Vision Screening Program**
- **Hepatitis C Treatment Program**
- **HIV Prevention Program**
- **Ryan White Programs**
- **Syringe Service Program: Exchange Central**

Community Health

Breast and Cervical Cancer Control Navigation Program (BC3NP)



WHAT WE DO

CMDHD provides and coordinates breast and cervical cancer screening services for eligible clients. These services include clinical breast exams, screening mammograms, pelvic exams, cervical cancer screenings, and patient education.

For income eligible clients without health insurance, these services are provided at no cost through grant funding from the U.S. Centers for Disease Control and Prevention, administered through the State of Michigan. Clients who receive a cancer diagnosis are also offered case management to support treatment and help with obtaining health insurance. This program provides lifesaving screenings for individuals who may not otherwise have access to breast or cervical cancer screening.

CMDHD also offers navigation services for clients who have insurance but need help accessing screening services. Staff assist with scheduling appointments, arranging transportation, and explaining the screening process to help ensure clients receive timely and appropriate care.

COMMUNITY IMPACT

BC3NP has increased its caseload to **120 clients**, including some clients who originally visited CMDHD for STI testing or hepatitis C treatment. With assistance from BC3NP, clients received **31 mammograms** and **76 cervical cancer screenings**.



Community Health

Community Connections



WHAT WE DO

Community Connections is a free program that promotes health equity by addressing social determinants of health. These are nonmedical factors such as housing, food access, transportation, and other resources that affect overall health and well being.

Certified Community Health Workers connect with individuals and families through phone calls, office visits, and home visits. They help link clients to existing community programs and services that match their specific needs. Over the past year, Community Connections has seen an increase in the level of need among clients. Referrals now average three needs per person, compared to one need previously. While the total number of referrals has slightly decreased, more than half of referred individuals are enrolling in full Community Connections services. This shows the program's growing impact and effectiveness.

Community Health Workers support clients with a wide range of needs. These include medical, dental, and mental health care, transportation, health insurance enrollment, food and housing support, substance use cessation programs, translation services, immunizations, and employment opportunities.

COMMUNITY IMPACT

In 2025, Community Health Workers addressed **233 housing related needs**, including home repairs and help securing safe and affordable housing during an ongoing housing shortage. They also addressed **over 200 medical needs** by connecting clients to specialists, clarifying medications, and helping individuals establish primary care providers. Community Health Workers supported **752 individuals with financial resources**, including help for immediate economic needs and education on budgeting, safety skills, and other tools that help reduce barriers to care and prevent future challenges.

To strengthen coordination and reduce service gaps, Community Connections partnered with health plans and the Munson Health Care system. Through these partnerships and ongoing referrals, CMDHD Community Health Workers reached nearly **5,000 individuals** in 2025, providing timely, coordinated support and promoting lasting health equity across the community.



Community Health

Family Planning



WHAT WE DO

The Family Planning Program provides reproductive health assessments, a full range of contraceptive services, health education and counseling, and referrals when needed. Education and counseling are a key part of the program and help reduce health risks while supporting healthy choices. The program works to prevent unintended pregnancy and offers preconception counseling for those who want to become pregnant.

Services are available to individuals of all income levels. People with incomes at or below the federal poverty level may receive services at a reduced cost. No one is denied services because they are unable to pay. The Family Planning Program also helps reduce health care costs, with more than four dollars saved for every one dollar spent in Title X family planning clinics.

COMMUNITY IMPACT

During the year, the Family Planning program served **1,279 clients** and provided **140 long acting reversible contraceptive insertions**. Family Planning staff also served **41 PrEP patients**. The program benefits from consistent and experienced clerical staff, nurses, and nurse practitioners, which helps ensure services are delivered safely and in a predictable, high quality manner. The team is proud to offer wraparound services within the health department. For example, a visit that begins as a family planning appointment may also lead to hepatitis C screening or treatment. Harm reduction supplies are available to Family Planning clients, and community health workers help connect clients with housing, food, and other basic needs.

LOOKING AHEAD

Program goals for Family Planning include continued outreach to increase community awareness of available services. These services now include PrEP injections offered every three months or every six months. Improving pain control options for IUD insertion remains a priority to support client comfort and satisfaction.



Community Health

Hearing and Vision Screening Program



WHAT WE DO

Hearing and vision screenings are essential public health services provided by CMDHD. These age based screenings begin when a child is three years old and continue through ninth grade. Early screening helps identify concerns that may affect speech, language, learning, and social development.

Children are screened on-site at preschools, public and private schools, and at the health department. Screenings are conducted by CMDHD certified technicians who are trained by the Michigan Department of Health and Human Services.

COMMUNITY IMPACT

During this fiscal year, CMDHD screened **12,700 preschool and school age children** for vision. Hearing screenings were completed for **12,925 preschool and school age children**.



Community Health

Hepatitis C Treatment Program



WHAT WE DO

Since 2019, CMDHD has partnered with Gilead through the FOCUS and Comprehensive Prevention Services grant to expand HIV and hepatitis C screening in our communities. These screenings help identify individuals who test positive for HIV or hepatitis C and provide timely connection to care. Linking clients to care ensures they receive the support and treatment needed for better health outcomes.

Seven individuals tested positive for hepatitis C through HCV RNA testing, and six of those individuals were successfully linked to care. In March 2024, CMDHD began offering hepatitis C treatment within our jurisdiction using grant funding. Treatment is now available at all CMDHD locations and is provided quickly by well trained providers and staff.

COMMUNITY IMPACT

The Hepatitis C program treated **35 clients** during the year. All Hepatitis C clients were informed about available reproductive health services, which led many clients to receive preventive care such as cervical cancer screenings and screening mammograms.

LOOKING AHEAD

The Hepatitis C program will continue outreach across all six counties to raise awareness about testing and treatment options and to connect more residents to care.



Community Health

HIV Prevention Program



WHAT WE DO

The HIV Prevention Program at Central Michigan District Health Department provides free and confidential screening for HIV, hepatitis C, chlamydia, gonorrhea, and syphilis. By removing cost barriers, the program helps ensure individuals in our communities have access to essential preventive health services.

For individuals who test positive, staff provide timely linkage to care through close coordination with the internal reproductive health team and the Ryan White HIV/AIDS Program. This integrated approach connects clients quickly to treatment and ongoing support services. Partner Services and Disease Intervention Specialists also conduct follow up outreach to help prevent further transmission and ensure individuals receive appropriate care. Through education, screening, and prevention efforts, the program works to protect the health of the community.

COMMUNITY IMPACT

Through strong community partnerships and expanded HIV and hepatitis C testing on the Mobile Unit, the Central Michigan District Health Department continues to increase access to HIV and STI screening beyond the traditional clinic setting. By bringing services directly into the communities we serve, we help reduce transportation and stigma related barriers. This approach ensures residents in our rural six county region can access confidential, high quality prevention services close to home.

In 2025, the HIV Prevention Program conducted extensive screening across the region. A total of **536 individuals** were tested for HIV and **505 clients** were tested for hepatitis C. In addition, **528 individuals** were tested for syphilis, **499** for gonorrhea, and **499** for chlamydia. These screening efforts support early detection, timely treatment, and ongoing prevention of sexually transmitted infections in our communities.

Client feedback highlights the impact of this work. In 2025, **80 individuals** completed satisfaction surveys after their STI screening appointment with the HIV Prevention Program. All respondents rated their overall experience as excellent. One client shared, “One of the least judgmental medical visits I've had. Parts of my lifestyle people tend to look down on, but I never felt judged or less than for getting tested. Thank you.” Another noted, “The services provided to me today exceeded my expectations. The staff was very friendly and were also very helpful with finding additional services within the facility.” These responses reflect the program’s commitment to respectful, compassionate care while strengthening community health across the region.



Community Health

Ryan White Programs



WHAT WE DO

The Ryan White Programs provide primary medical care, life sustaining medications, and essential support services for people living with HIV. These services help clients manage their health and achieve viral suppression, which improves health outcomes and prevents HIV transmission. Many clients are uninsured or underinsured, and the programs help fill gaps for those who do not qualify for Medicare, Medicaid, or private insurance.

The Ryan White Programs have played an important role in improving access to HIV care and increasing viral suppression among clients. Early and consistent care helps reduce health care costs and improves quality of life for people living with HIV. These programs also address social factors that affect health by focusing on populations that are disproportionately impacted by HIV due to economic, racial, and geographic barriers.

COMMUNITY IMPACT

Ryan White Programs clients consistently maintain a viral suppression rate **above 98 percent**. Program staff support clients in staying engaged in medical care by coordinating transportation to appointments, assisting with gas and food vouchers, helping secure stable housing, and providing support with insurance needs.

During the fiscal year, these programs served clients from **38 counties** and continued to expand access to care across the region. A total of **139 clients** received services through the infectious disease clinic, and **67 clients** received primary care services. Staff completed **360 in person appointments** and **145 telehealth appointments**, helping ensure clients could access care in ways that met their needs.

The programs also provided critical support services to address barriers to care. Emergency financial assistance totaling **\$1,703** was distributed to help clients meet urgent needs. Food vouchers totaling **\$2,152** and gas vouchers totaling **\$1,500** were provided, along with **70 medical rides** to help clients attend appointments. Staff assisted **84 clients** with insurance needs and connected **75 clients** to external referrals for additional services. These supports played a key role in helping clients stay connected to care and maintain their health.

LOOKING AHEAD

Our goals for the future are to continue meeting clients where they are and to provide a safe and welcoming environment that encourages them to return for care. We walk alongside our clients by offering the support and tools they need to manage their health and work toward the life they want to achieve.



Community Health

Syringe Service Program: Exchange Central



WHAT WE DO

Exchange Central is a harm reduction program focused on reducing the spread of HIV and hepatitis C in Central Michigan and preventing opioid related overdose deaths. The program provides sterile drug use equipment to reduce the sharing of supplies, offers education on safer use practices, and promotes overdose prevention through education and access to resources.

COMMUNITY IMPACT

Syringe Service Program clients reported **reversing 24 overdoses** using naloxone, demonstrating that timely access to prevention tools and education can save lives. Through 24 hour naloxone access boxes located across all six counties, along with direct distribution to individuals experiencing substance use disorder, Exchange Central distributed **2,571 boxes** of naloxone in 2025.

In 2025, Exchange Central also completed **45 new client intakes** and recorded **513 total client encounters**. The program distributed **89,220 sterile syringes** and **2,911 fentanyl test strips** to help reduce the risk of overdose and disease transmission. In addition, Exchange Central safely collected and properly disposed of more than **12,250 syringes**. This effort helped reduce the risk of community exposure and supported a cleaner and safer environment for residents.

LOOKING AHEAD

In 2026, Exchange Central will continue expanding services to better meet the needs of residents across our rural communities. Plans include adding a new harm reduction staff member to increase outreach, education, and direct services throughout the six county jurisdiction. The program also plans to add an additional weekly delivery day to reduce transportation barriers and improve consistent access to supplies and support.

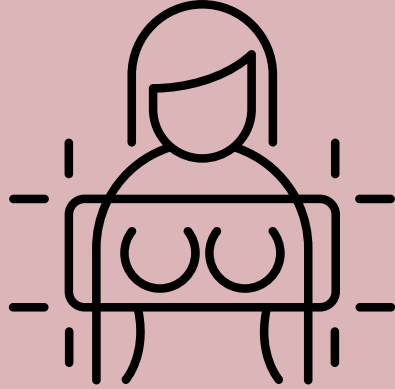
Community members are encouraged to follow [Exchange Central](#) on Facebook for updates on scheduled Harm Reduction Mobile Unit community events and educational opportunities. Exchange Central remains committed to expanding access, strengthening partnerships, and advancing evidence based strategies that save lives and improve community health.



COMMUNITY HEALTH 2025 AT A GLANCE

31

Mammograms Ordered
& Paid for by BC3NP



76

Cervical Cancer
Screenings Provided
Within BC3NP

1279

Family Planning Clients
Served

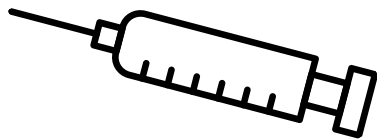


140

Long-Acting Reversible
Contraceptives Implanted

89,220

Syringes
Distributed



12,700

Vision Screenings



2,911

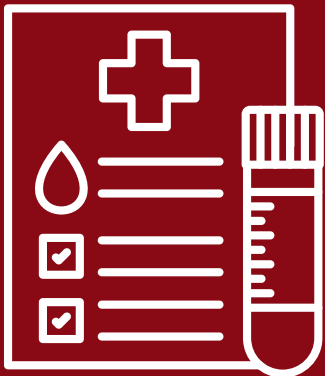
Fentanyl Test
Strips Distributed

2,571

Boxes of Naloxone
Distributed

12,925

Hearing Screenings



803

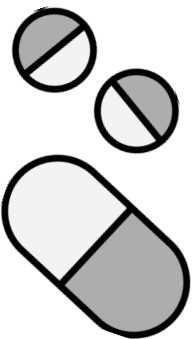
Screenings for
HIV

1,357

Screenings for
Gonorrhea

813

Screenings for
Hepatitis C



1,357

Screenings for
Chlamydia

705

Screenings for
Syphilis

35

Clients Treated
for Hepatitis C



505

Patient Appointments
for Ryan White Programs

233

Community Connections
Clients Helped with
Housing-Related Resources



752

Community Connections Clients Helped
with Financial Resources and/or Education



41

Clients Prescribed PrEP

Emergency Preparedness



WHAT WE DO

The Emergency Preparedness Program helps our community stay ready for events that affect health and safety. These events include disease outbreaks, severe weather, power outages, and other emergencies. We plan ahead, train our staff, and practice our response so we can act quickly when an emergency happens. We work closely with hospitals, first responders, local government, and community partners. This coordination helps ensure residents receive clear information and the support they need during emergencies.

COMMUNITY IMPACT

In 2025, staff took part in exercises focused on cybersecurity service interruptions, severe weather, disease outbreaks, and events that could strain local healthcare systems. Staff also joined monthly planning meetings with emergency managers and regional partners to improve coordination and readiness.


CMDHD was invited to share Emergency Preparedness presentations and exercises with community partners. These partners included college students, long-term care facilities, and WIC coordinators from across the state.

These efforts had a strong community impact. The program worked with 18 community partners to support emergency readiness. All staff completed FEMA Incident Command System training. The program also distributed 1,392 COVID-19 tests to help protect community health.

We remain committed to strengthening collaboration with community, regional, and state partners to improve public health preparedness for the people we serve.

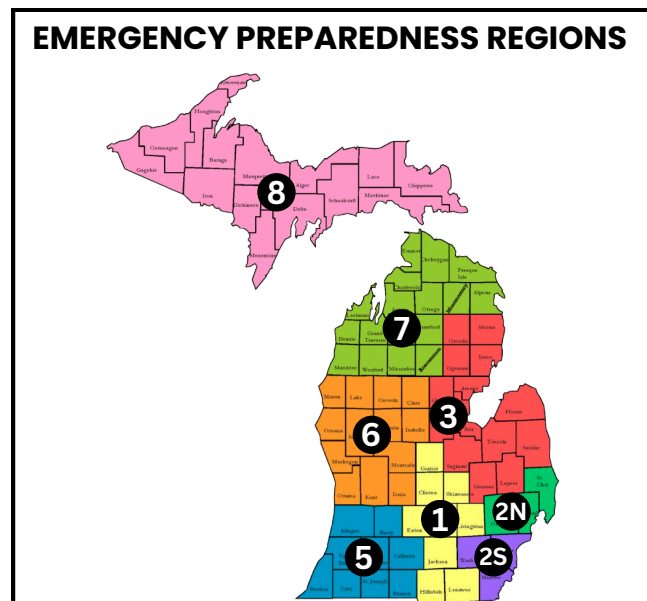

EMERGENCY PREPAREDNESS 2025 AT A GLANCE

18
Community Partnerships



100%
Staff FEMA ICS Courses Completed

1,392
COVID-19 Home Tests Distributed



Environmental Health



- **Food Service Evaluations**
- **On-Site Private Water Wells**
- **On-Site Sewage Treatment Systems**
- **Public Bathing Beach Monitoring**
- **Public/Noncommunity Water Supply Program**
- **Recreational Facilities**
- **Septage Disposal**
- **Time of Transfer**
- **Water Testing Services: Assurance Water Laboratory**

Environmental Health

Food Service Evaluations



WHAT WE DO

Food sanitarians work with food operators to ensure safe food practices are in place and followed by staff. Food safety begins with reviewing plans for new food establishments and remodels and continues through regular risk based inspections, complaint investigations, consultations, and food safety training events. During routine inspections, food sanitarians provide ongoing education to support consistent and safe food handling practices.

COMMUNITY IMPACT

Food inspections and education for food managers help prevent foodborne illness outbreaks and give the community confidence that the food they purchase is safe for themselves and their families. During fiscal year 2025, CMDHD conducted **1,154 routine food inspections** at **799 licensed food facilities** in the jurisdiction. Staff conducted **91 follow-up inspections**. These inspections and follow-ups resulted in the correction of **898 food violations**.



Environmental Health

On-Site Private Water Wells



WHAT WE DO

Drinking water wells provide access to groundwater, which is the primary source of water for many areas of Michigan. CMDHD's private well program staff permit, approve, and evaluate private water supplies. Staff help ensure wells are safe at the time of construction and remain safe through routine monitoring of regulated facilities, evaluations of existing systems, time of transfer inspections, response to complaints, and education for well owners on proper operation and maintenance.

COMMUNITY IMPACT

More than half of the homes and businesses in the district rely on private well water for drinking and daily use. CMDHD sets standards and provides sampling recommendations that help residents feel confident their water is safe for their families and communities. Protecting groundwater is essential, as it is a shared resource that must remain safe and reliable for current and future use. Staff issued **1,299 well permits** in fiscal year 2025.

LOOKING AHEAD

CMDHD is using new mapping software to support more thorough contamination investigations and identify appropriate sampling recommendations. This technology strengthens efforts to protect drinking water quality and improve safety for the community.



Environmental Health

On-Site Sewage Treatment Systems



WHAT WE DO

An on-site sewage treatment system collects, treats, and disperses wastewater into the environment. These systems are regulated under Part 31 of the Natural Resources and Environmental Protection Act and Administrative Rules Parts 22 and 41. CMDHD Environmental Health staff help ensure on-site sewage systems are installed and operated safely.

Staff oversee systems from new construction through ongoing use. This work includes permit review, evaluations of existing systems, time of transfer evaluations when property ownership changes, and response to complaints. These activities help protect groundwater and surface water quality.

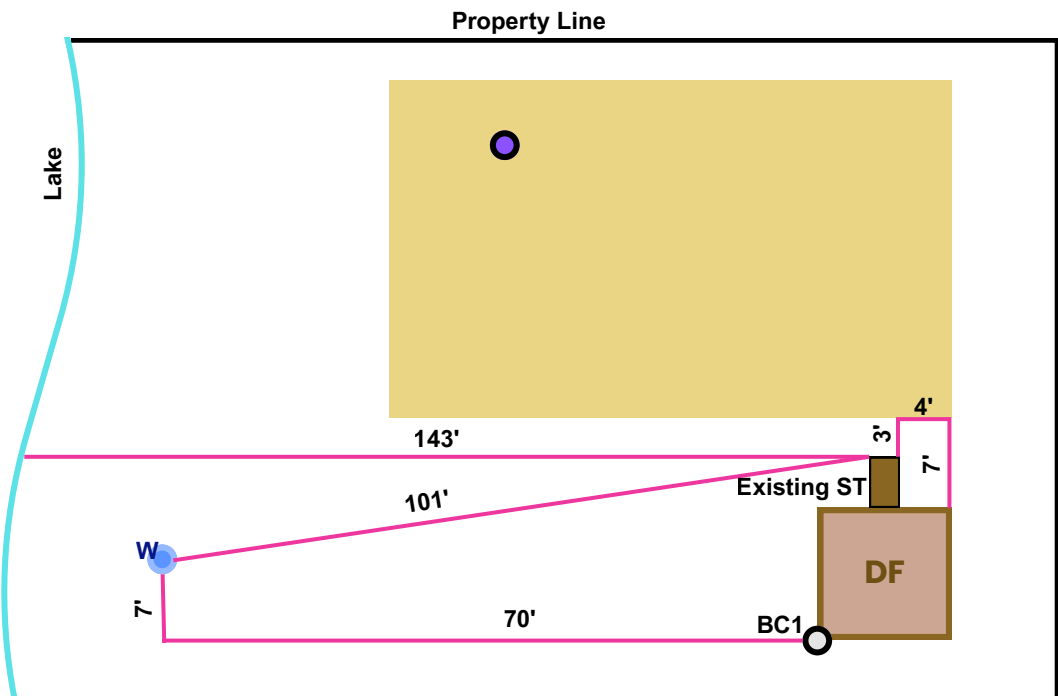
COMMUNITY IMPACT

More than half of the homes and businesses in the district rely upon on-site sewage treatment systems to manage wastewater. Properly designed, installed, and maintained systems reduce the risk of sewage entering groundwater or surface water, helping protect public health and the environment. During fiscal year 2025, CMDHD issued **1,110 septic permits** and evaluated **218 existing septic systems**.



LOOKING AHEAD

CMDHD is implementing new mapping software to better identify and understand wastewater systems across the district. This tool will help staff share information with community partners who are planning for long term sewage management. In the future, CMDHD plans to offer a public facing map of sewage systems to benefit and educate homeowners and support community planning.



Environmental Health

Public Bathing Beach Monitoring



WHAT WE DO

Assurance Water Laboratory at CMDHD collects and tests water samples from public beaches, reports results to the [BeachGuard website](#), and posts advisories when *E. coli* levels exceed safe standards. In 2025, the laboratory began using qPCR technology at the district's most popular beaches. This method provides faster and more sensitive detection of contamination. Unlike traditional testing, which can take up to 24 hours for results, qPCR results can be obtained as early as 4-6 hours. This allows for same day advisories and better protection for swimmers.

Through a partnership with Saginaw Valley State University, additional testing can identify genetic markers linked to specific pollution sources, such as human sewage or certain animal sources. This information helps support proactive beach management and targeted response efforts to protect public health.

COMMUNITY IMPACT

Testing beaches for *E. coli* is essential to protecting public health and environmental quality. Because *E. coli* is an indicator of fecal contamination, elevated levels can expose swimmers to gastrointestinal illness and other infections. Routine monitoring allows for early detection of contamination and timely action to reduce public exposure, while also supporting safe recreation and local tourism. During fiscal year 2025, staff collected **342 samples** from CMDHD's jurisdiction and **40 samples** from Midland County. An additional **74 samples** were analyzed.



Environmental Health

Public/Noncommunity Water Supply Program



WHAT WE DO

CMDHD oversees more than 670 noncommunity drinking water supply systems. A noncommunity drinking water system provides drinking or potable water to 25 or more people for at least 60 days each year or has more than 15 service connections. Examples include schools, restaurants, campgrounds, churches, motels, and convenience stores.

These water systems are regulated under the Michigan Safe Drinking Water Act 399 and the Michigan Well Construction Code Part 127 of Act 368. CMDHD staff regulate, inspect, and support water system operators to help ensure safe and reliable drinking water for the public.

COMMUNITY IMPACT

Water samples are required to confirm that drinking water is safe for public consumption. CMDHD offers a sample collection program to help water supplies stay in compliance with required testing. Staff also conduct routine water supply inspections to improve safety and strengthen public confidence in drinking water quality. In fiscal year 2025, CMDHD completed **310 annual compliance inspections**. Staff conducted **95 sanitary inspections** and collected **1,316 samples** from **464 water supplies** from the **671 regulated water supplies** that exist in the jurisdiction.



Environmental Health

Recreational Facilities



WHAT WE DO

Each year, Environmental Health staff conduct more than 400 inspections and evaluations of public campgrounds, children’s camps, and public swimming pools. These inspections help ensure facilities meet state licensing and safety requirements and focus on protecting visitors from health risks while promoting clean and well maintained environments.

COMMUNITY IMPACT

Staff work closely with facility operators to confirm sites are safely operated and properly maintained. In fiscal year 2025, CMDHD inspected **107 campground facilities** and **85 pool facilities**. Through education, guidance, and ongoing oversight, the program supports facilities in providing a safe and healthy experience for the public.



Environmental Health

Septage Disposal



WHAT WE DO

Properly maintained sewage treatment systems require routine pumping to remove septic tank contents, known as septage. Licensed companies collect septage and dispose of it at approved receiving facilities or land application sites. CMDHD Environmental Health staff inspect land application sites, pumper trucks, and receiving stations to ensure septage is handled according to state requirements and does not pose a risk to public health or the environment.

COMMUNITY IMPACT

During fiscal year 2025, **16 licensed septage haulers** pumped **8,560,428 gallons of septage** from CMDHD's jurisdiction, delivering it to **2 septage receiving facilities** and **16 septage land application sites**. More than half of the homes and businesses in the district rely on on-site sewage treatment systems to manage wastewater. This program helps ensure waste is handled safely from collection through final disposal, protecting groundwater, surface water, and community health.



Environmental Health

Time of Transfer



WHAT WE DO

CMDHD's Time of Transfer program protects public and environmental health through a public private partnership. The program trains and certifies private inspectors, reviews inspection reports, and issues required corrections or authorizations needed for property transfer.

COMMUNITY IMPACT

CMDHD conducted **425 Time of Transfer evaluations** in fiscal year 2025. **82%** passed inspection. By evaluating on-site sewage treatment systems and private water supplies at the time of property transfer, this program helps prevent contamination of groundwater and surface water. 2025 inspections prevented **880,000 - 1,320,000 gallons** of improperly or partially treated wastewater from entering the environment. CMDHD's efforts support safe drinking water and reduce health risks associated with failing sewage systems.



Environmental Health

Water Testing Services: Assurance Water Laboratory



WHAT WE DO

The Assurance Water Laboratory is located at CMDHD's Gladwin County branch office and is state certified to analyze water samples for bacterial contamination and nitrate levels. The laboratory supports drinking water safety by providing accurate and timely testing services for communities across the district.

COMMUNITY IMPACT

In fiscal year 2025, Assurance Water Lab tested **3,329 bacteria samples** and **1,003 nitrate samples**. Testing drinking water for bacteria and nitrates is essential to protect public health. Bacteria such as *E. coli* and coliform can signal contamination in a water supply, and all newly constructed wells in the district are tested to confirm they are safe for use. Nitrates can enter drinking water through agricultural runoff, septic systems, and sewage contamination. Regular testing helps identify concerns early and supports safe drinking water. Elevated nitrate levels can cause serious health effects, especially for infants and people who are pregnant, making this testing a critical public health service.



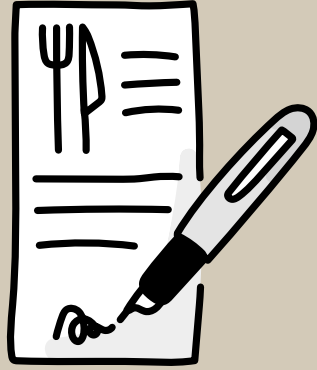
**Assurance
Water
Lab**



ENVIRONMENTAL HEALTH 2025 AT A GLANCE

1,154
Routine Food
Inspections Completed

898
Food Violations
Corrected

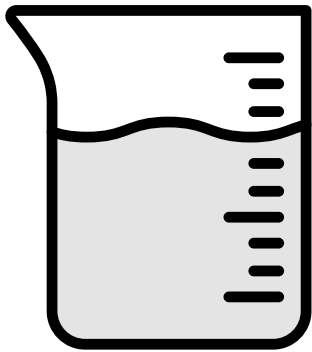


671
Regulated Public/
Noncommunity Water
Supplies

95
Sanitary Surveys/
Inspections Completed



464
Water Supplies
Sampled



3,329
Bacteria
Samples

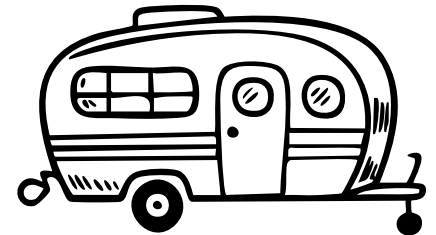
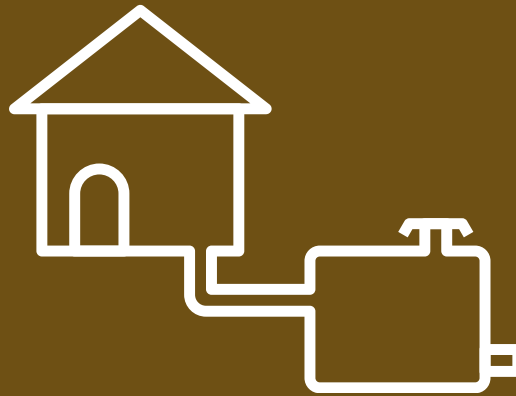
1,003
Nitrate
Samples

1,299
On-Site Private
Water Well
Permits Issued



1,110
Septic Permits
Issued

8,560,428
Annual Gallons of
Septage Pumped



192
Recreational Facility
Evaluations Conducted

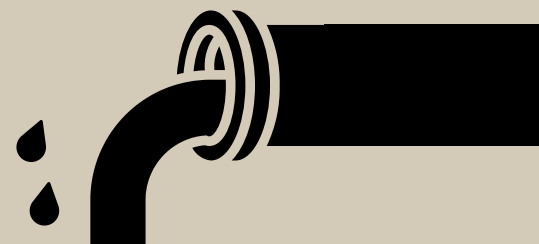
382
Beach Samples
Collected and
Analyzed by
CMDHD

74
Additional Samples Analyzed



**880,000 -
1,320,000**
Approximate Gallons of
Wastewater No Longer
Entering Local Rivers via
Failed Systems and
Confirmed Illicit Discharges

425
Time of Transfer Onsite
Sewage System Evaluations



Medicaid Outreach



WHAT WE DO

CMDHD has MI Bridges Navigators who help individuals apply for health insurance and answer questions about coverage. Staff assist low income families in applying for Medicaid through MI Bridges and help community members apply for coverage through the HealthCare.gov Marketplace. Medicaid provides comprehensive health services for eligible adults and children, helping ensure access to needed medical care.



During open enrollment periods, Community Health Workers help individuals understand their insurance options if they do not qualify for Medicaid. CMDHD staff also assist families with Medicaid redeterminations to help prevent gaps in coverage. Clinical staff encourage clients to maintain regular visits with medical providers and promote available services for those who are uninsured or eligible for Medicaid.



COMMUNITY IMPACT

Through application assistance, enrollment support, and redetermination guidance, CMDHD helps residents maintain health insurance coverage and avoid disruptions in care. These efforts increase access to preventive services, primary care, and treatment, ensuring more families in our community can receive the medical care they need.



Personal and Family Health



- **BlueJay Wellness Center**
- **Breastfeeding Peer Counselors**
- **Children's Special Health Care Services**
- **Communicable Disease: Emerging Diseases**
- **Communicable Disease: Foodborne Illness**
- **Communicable Disease: Rabies**
- **Communicable Disease: Vaccine-Preventable**
- **Health Resource Advocates**
- **Home Visiting Programs Healthy Families**
- **Home Visiting Programs Healthy Futures**
- **Home Visiting Programs Maternal Infant Health Program**
- **Immunizations**
- **Lab Services: Hgb and Lead Testing**
- **Lab Services: Oral/Dental Screenings**
- **Rx Kids**
- **Women, Infants, and Children (WIC)**

Personal and Family Health

BlueJay Wellness Center



WHAT WE DO

The BlueJay Wellness Center is a Child and Adolescent Health Center dedicated to promoting the health and well being of children, adolescents, and their families. The primary goal is to keep students healthy and ready to learn by providing accessible, high quality care within the school community.

The Center offers a full range of services, including primary and preventive care, comprehensive health assessments, immunizations, treatment of acute illness, co management of chronic conditions, health education, and mental health services. Services are guided by state program requirements, School District Needs Assessments, and input from Community and Youth Advisory Councils. No eligible individual is denied services based on insurance status or ability to pay.

The BlueJay Wellness Center provides medical and mental health services to patients ages 3 through 21 who are enrolled in the Shepherd School District, with the ability to extend services beyond this population in certain circumstances. Services are available five days per week, year round.

COMMUNITY IMPACT

The impact of the BlueJay Wellness Center is reflected in feedback from patients and families. One parent shared:

“The BlueJay Wellness Center is super convenient. When my son had a sore throat, he was able to be seen immediately. Anna White, FNP listened to our concerns, was friendly and professional. The whole visit was truly top notch. I’m very grateful to have such an incredible clinic in our community.”

— Marissa Gloria

In fiscal year 2025, the BlueJay Wellness Center completed **708 patient visits**, helping students stay healthy and engaged in school.



Personal and Family Health

Breastfeeding Peer Counselors



WHAT WE DO

CMDHD provides Breastfeeding Peer Counselors in each county to offer breastfeeding and chestfeeding education and support for individuals who are pregnant or parenting a new baby. Peer counselors are trained in lactation support, have personal breastfeeding experience, and provide services at no cost. Services follow recommendations from the American Academy of Pediatrics, which encourage exclusive breastfeeding for the first six months and continued breastfeeding for at least two years and beyond, as mutually desired.

Peer counselors meet with families in the office and offer phone and text support throughout the breastfeeding journey. Each appointment includes one on one education and personalized support tailored to the family's needs. CMDHD also hosts breastfeeding celebrations during Breastfeeding Awareness Month to recognize families and promote community engagement.

COMMUNITY IMPACT

In fiscal year 2025, peer counselors completed **more than 450 appointments**, including 466 Breastfeeding Peer Counselor visits and 30 International Board Certified Lactation Consultant visits. Counselors also provided **75.5 hours of after-hours support** and conducted **122 peer outreach activities**, along with four support groups. In addition, **44 breast pumps** and **8 loaner pumps** were distributed to support families. Through education, outreach, and personalized care, CMDHD continues to strengthen breastfeeding support across the district.

One peer counselor shared the experience of working with a client who arrived feeling discouraged because her baby was struggling to latch. Together, they practiced different positions and techniques. With patience and support, the baby latched successfully. The client left feeling confident and encouraged to continue breastfeeding. The peer counselor reflected on the moment by sharing how proud she felt to support the family during that important step: "I was so proud of her, and so happy that I could help."



LOOKING AHEAD

Our fiscal year 2026 goal is to increase our 6 month breastfeeding duration rate in infants by 2% from 30.03% to 32.03% by September 1st, 2026.

Personal and Family Health

Children's Special Health Care Services



WHAT WE DO

Children's Special Health Care Services (CSHCS) provides specialized medical care for children and young adults from birth through age 26 who have certain medical conditions. Some individuals age 26 and older may also qualify if they have conditions such as cystic fibrosis or specific blood disorders. The program covers more than 2,700 physical conditions. For individuals with Medicaid or MIChild coverage, the annual program fee is waived.

CSHCS supports families through case management, care coordination, and referrals to specialty medical care and community based services. The program may also help with specialty medical bills, travel costs related to care, and finding local resources. Support continues as clients transition into adulthood, with a focus on helping them live as independently as possible.

COMMUNITY IMPACT

In fiscal year 2025, the Central Michigan District Health Department CSHCS team enrolled **44 new clients** and renewed coverage for **596 clients**. Staff completed **536 plans of care** with clients. During these visits, medical information was updated, concerns were discussed, referrals to community resources were made when needed, and transition planning into adulthood was reviewed with age eligible clients. The team also completed **195 care coordination sessions** to help families access services and support.

CSHCS clients shared positive feedback through client satisfaction surveys. One client said, "She was very nice and kind. She informed me of programs that I didn't know about that are very helpful. She made me feel heard and cared for. The CSHCS is a wonderful program." Another client shared, "You guys are great. You've helped us a ton." We take pride in providing compassionate and supportive care to the clients and families we serve.



Personal and Family Health

Communicable Disease: Emerging Diseases



WHAT WE DO

New and emerging diseases in Michigan continue to require strong local public health response. This program supports disease surveillance, prevention, and response efforts across our communities. The COVID-19 pandemic affected surveillance activities statewide, including monitoring for zoonotic and other emerging diseases. CMDHD continues to strengthen these efforts to help reduce the spread of disease.

CMDHD also partners with the Michigan Department of Health and Human Services through the Epidemiology and Laboratory Capacity Infection Prevention and Healthcare Associated Infection Response Support team. This partnership supports infection prevention education and risk assessments in long term care facilities and other congregate settings. Assessments review hand hygiene, use of personal protective equipment, isolation practices, injection safety, and cleaning procedures to improve quality of care and reduce infection risks.

CMDHD works closely with the Michigan Department of Agriculture and Rural Development and the Michigan Department of Health and Human Services to monitor Highly Pathogenic Avian Influenza, also known as H5N1 or bird flu. Since 2021, a newer variant has spread among wild birds, poultry, and some mammals worldwide. CMDHD provides education and support to farmers with affected herds or flocks and monitors workers in our jurisdiction who have been exposed. The risk to the general public remains low, and CMDHD remains committed to protecting the health of our farming communities.



COMMUNITY IMPACT

Through ongoing surveillance, infection prevention education, and coordination with state partners, CMDHD strengthened protections for residents in long term care facilities, congregate settings, and agricultural settings across our district. These efforts support early detection of emerging diseases, reduce the risk of transmission, and help keep both vulnerable residents and farming communities safe and healthy.

Personal and Family Health

Communicable Disease: Foodborne Illness



WHAT WE DO

Foodborne illness, sometimes called food poisoning, is common, costly, and preventable. People can become sick after eating food contaminated with harmful germs or toxins. CMDHD investigates reported cases of foodborne illness and provides education to help prevent future cases. Staff work with individuals, families, and food establishments to promote safe food handling practices.

CMDHD also offers food safety training to support prevention efforts. The ServSafe class is designed for managers of food establishments and focuses on preventing foodborne disease. The Safe Food Worker class is available for new food workers, current restaurant staff, convenience store employees, deli workers, and others who prepare food. These trainings are offered regularly through CMDHD's Environmental Health Division.



COMMUNITY IMPACT

In fiscal year 2025, CMDHD investigated **18 cases of salmonella** and **24 cases of campylobacter**. Through case investigations, education, and food safety training, CMDHD continues to reduce the risk of foodborne illness and protect the health of our community.



Personal and Family Health

Communicable Disease: Rabies



WHAT WE DO

Rabies is a serious and often fatal viral infection that affects the central nervous system. It spreads from animals to humans through the saliva of an infected animal, most often through a bite. Without timely treatment, rabies can lead to severe illness and death.

While any warm blooded animal can carry rabies, it is most commonly found in wildlife such as raccoons, skunks, foxes, and bats. Domestic animals, including dogs and cats, can also become infected if they are not vaccinated. CMDHD staff monitor and investigate potential rabies exposure cases to protect public health. When needed, staff help coordinate post exposure prophylaxis, also known as PEP, to prevent illness after a possible exposure.

COMMUNITY IMPACT

In fiscal year 2025, CMDHD monitored **527 individuals** who received rabies PEP. Investigations involved **42 bat exposures**, with no confirmed exposures involving skunks or cats. Through timely case investigation and coordination of care, CMDHD continues to protect residents from this preventable disease.



Personal and Family Health

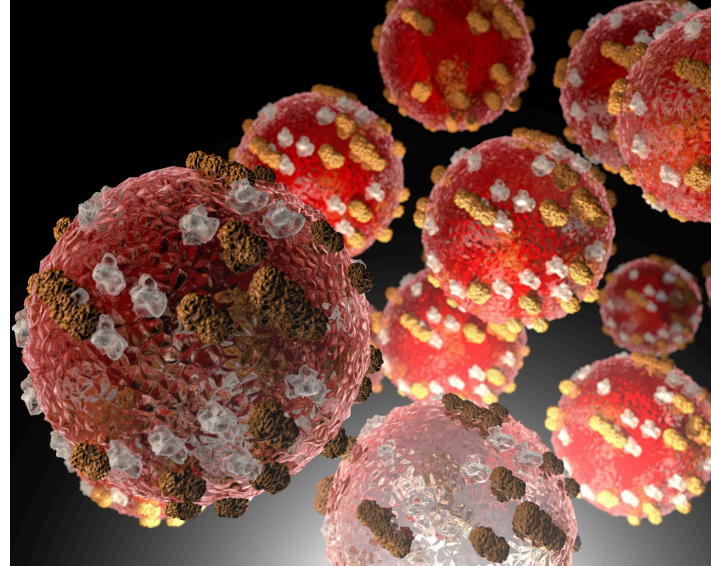
Communicable Disease: Vaccine-Preventable



WHAT WE DO

CMDHD investigates vaccine preventable diseases, including chickenpox, Haemophilus influenzae, aseptic meningitis, bacterial meningitis, streptococcal pneumonia meningitis, measles, mumps, pertussis, and shingles. Staff work to identify cases, limit the spread of disease, and provide education about prevention and vaccination.

When cases are reported, communicable disease staff conduct testing, complete interviews, monitor close contacts, and provide guidance to families and community partners. Vaccination education and access are key parts of this response.



COMMUNITY IMPACT

During the fiscal year, CMDHD investigated a measles outbreak in a plain community that was linked to a nationwide measles outbreak. Over a four week period, staff tested, interviewed, and monitored multiple families. Home visits were conducted to provide education and vaccinations as needed. These efforts helped limit the spread of disease and build trusting relationships within the community.



Personal and Family Health

Health Resource Advocates

WHAT WE DO

CMDHD's Health Resource Advocate (HRA) program includes dedicated staff who serve more than 103 schools, including Amish schools, Intermediate School Districts, and Regional Educational Service Districts, across six counties. HRAs also assist community members throughout the district.

HRAs support prevention efforts related to communicable diseases, including COVID 19. Since the start of the program, and in partnership with Communicable Disease staff, disease reporting from schools has increased across the district. HRAs regularly visit schools to share information about CMDHD programs, communicable diseases, and county specific resources that support students and families. They provide interactive classroom presentations on topics such as hand hygiene, oral health, and prevention of vaccine preventable diseases.

HRAs also lead the REFRESH program, which supports school aged children who do not have access to basic hygiene products. Through community donations, partnerships, and county specific grants, the program provides essential hygiene and menstrual products to students in need. HRAs also participate in community health fairs and assist with planning immunization clinics within school districts.



REFRESH

COMMUNITY IMPACT

In fiscal year 2025, HRAs served **103 schools**, reaching an estimated **23,100 students** across the district. Through the REFRESH program, **506 hygiene kits** were distributed to students in need, helping remove barriers to learning and supporting student health and well being.



Personal and Family Health

Home Visiting Programs: Healthy Families

WHAT WE DO

Healthy Families Northern Michigan is a voluntary home visiting program serving families in Roscommon County. The program supports families from pregnancy through a child's fourth birthday, with a focus on those facing higher levels of need. Specially trained staff, including a registered nurse, make regular visits to build supportive relationships with parents and promote secure parent child bonding.

Visits include education on developmental milestones, guidance on positive parenting practices, and encouragement of learning through everyday activities and play. Services are provided primarily through weekly home visits, with virtual visits available as needed, and continue until the child turns four.

COMMUNITY IMPACT

Through intensive, relationship based support, Healthy Families Northern Michigan helps strengthen families and promote healthy child development during the earliest years of life. The program served **9 enrolled families** and completed **267 home visits** and **54 virtual visits** during fiscal year 2025.



Personal and Family Health

Home Visiting Programs: Healthy Futures



WHAT WE DO

Healthy Futures is a nurse led program that supports families by connecting them to local resources and providing health education. The program also offers postpartum blood pressure checks by a registered nurse. Services include phone calls, text messages, and office or home visits. Families receive newsletters and text updates tailored to their child's age or the mother's due date. Healthy Futures works in partnership with Munson Healthcare and the Health Department of Northwest Michigan.

Clients receive education and assessment on infant safe sleep before their baby is born. If a safe sleep environment is not available, a Pack n' Play is provided. Breastfeeding support is also available to families who need it.

All pregnant CMDHD clients enrolled in family programs such as WIC and MIHP are offered the opportunity to enroll in Healthy Futures during their first visit. This program has shown positive health outcomes for families across the region.

COMMUNITY IMPACT

In fiscal year 2025, **260 children** were enrolled in Healthy Futures, and staff made a total of **586 client contacts**. Of these contacts, **446** were completed by telephone, **61** were office visits, **71** were home visits, and **8** were conducted through text messaging.



Personal and Family Health

Home Visiting Programs: Maternal Infant Health Program



WHAT WE DO

MIHP provides support for families during pregnancy and infancy. It is a statewide home visiting program in Michigan for people who are pregnant or parenting an infant and are enrolled in Medicaid.

Families in MIHP work with trusted and knowledgeable professionals, including nurses, social workers, and dietitians. These staff members focus on each family's goals and needs. MIHP is an evidence-based program that offers **personalized education and resources** to support a healthy pregnancy and a healthy baby.

COMMUNITY IMPACT

During the year, MIHP completed **1,103 developmental screenings** and billed **562 admit visits**. Staff also provided **3,146 additional encounters**, including home visits, office visits, and telehealth visits. The program's caseload exceeded **500 families**, the highest level in more than 10 years.

What Our Families Are Saying

- *"I think MIHP has done a wonderful job in helping us."*
- *"I don't think anything could have been better. It was a huge help."*
- *"It was PERFECT."*
- *"Helped me feel comfortable as a new mom."*
- *"Informative and understanding of my schedule."*
- *"The staff gave me sources that I needed for things I was looking into."*
- *"She was awesome and my daughter got so excited to see her."*
- *"Definitely our person."*
- *"The answers I was able to get and all the help."*

LOOKING AHEAD

The MIHP vision is that all babies, families, and communities are healthy and thriving.



Personal and Family Health

Immunizations



WHAT WE DO

Vaccines protect people from diseases that can cause serious illness and death. CMDHD is committed to keeping the community safe by providing access to vaccines and reliable information. Health Department nurses work closely with families to provide education, answer questions, and address concerns.

CMDHD offers vaccines for all ages and follows guidance from trusted medical organizations such as the American Academy of Pediatrics, the American Academy of Family Physicians, and the American College of Obstetricians and Gynecologists. Vaccines are provided using shared clinical decision making to support informed choices. Children can receive vaccines regardless of insurance status, and no child is denied services because of inability to pay. Vaccines are also available for adults, including RSV, COVID-19, influenza, shingles, and pneumococcal disease. Low cost options are available for those who qualify.



COMMUNITY IMPACT

In fiscal year 2025, CMDHD administered **2,828 vaccines to infants and children**, not including influenza vaccines, and **2,866 vaccines to adults** ages 19 and older, not including influenza vaccines. Through these efforts, CMDHD continues to protect residents from vaccine preventable diseases and support community health.

Our staff also processed 664 nonmedical exemption waivers.

Personal and Family Health

Lab Services: HGB and Lead Testing



WHAT WE DO

CMDHD tests the iron status of all children enrolled in WIC. Children in WIC may also be tested for lead exposure. Screening and early treatment for anemia and lead poisoning help protect children's health and support normal growth and development.

Nutrition plays an important role in reducing the harmful effects of lead. Calcium, iron, and vitamin C can help the body absorb less lead and are key parts of a healthy diet. Many WIC approved foods are good sources of these nutrients.

If a child's test results are outside the normal range, follow up services are provided. These may include parent education, referral to a medical provider, nutrition counseling with a registered dietitian, and nursing case management for elevated lead levels.



COMMUNITY IMPACT

In fiscal year 2025, CMDHD completed **1,715 lead tests** and **4,605 hemoglobin tests** for children enrolled in WIC. These screenings support early identification and intervention, helping protect children from preventable health concerns.



Personal and Family Health

Lab Services: Oral/Dental Screenings



WHAT WE DO

CMDHD staff provide oral screenings and fluoride varnish applications for children ages six months, or when the first tooth appears, through age five who are enrolled in WIC. Children enrolled in WIC and or eligible for Medicaid may receive oral screenings and fluoride varnish up to four times per year. These services do not replace regular dental exams but support long term oral health.

Preventing cavities is a key focus of this program. Fluoride varnish helps strengthen tooth enamel and makes teeth more resistant to decay caused by bacteria, sugars, and starches. Oral screenings, fluoride varnish applications, and referrals to dental providers give families the knowledge and tools to prevent early childhood cavities.

Dental health is also an important part of prenatal care. Pregnancy can increase the risk of dental problems that may lead to complications such as premature birth. Taking care of the mouth, teeth, and gums during pregnancy supports both maternal and infant health.

COMMUNITY IMPACT

In fiscal year 2025, CMDHD completed **400 oral screenings** and provided **348 fluoride varnish applications** for children enrolled in WIC. These preventive services help reduce the risk of early childhood cavities and support healthy development.



Personal and Family Health

Rx Kids



WHAT WE DO

With support from the State of Michigan and regional philanthropic partners, including the Clare Community Foundation and MyMichigan Health, the Clare County Rx Kids program launched on August 1, 2025. In September, the Central Michigan District Health Department received an additional \$10,000 grant from the Clare County Community Foundation to further support the program.

Rx Kids is the nation's first community wide prenatal and infant cash prescription program. The program provides universal and unconditional financial support to families, helping improve financial stability during pregnancy and early childhood. Rx Kids is a program of the Michigan State University Pediatric Public Health Initiative, in collaboration with Poverty Solutions at the University of Michigan, and is administered by GiveDirectly.

COMMUNITY IMPACT

In Clare County, parents receive a one time payment of \$1,500 during pregnancy. After birth, babies receive \$500 per month for six months. In August and September, **74 families** enrolled in the program, and **30 babies** were born. During these two months, Rx Kids distributed a total of **\$117,000** to participating families.

Because Rx Kids is a cash prescription program, families can use the funds in the way that best meets their needs. This may include expenses such as food, utilities, medical bills, housing, and baby supplies.

LOOKING AHEAD

Rx Kids will continue to expand across the state, including into Gladwin and Roscommon Counties, during fiscal year 2026.



Personal and Family Health

Women, Infants, and Children (WIC)



WHAT WE DO

WIC is a health and nutrition program that supports healthy pregnancies and promotes child growth and development. The program provides nutrition education, supplemental foods, breastfeeding promotion and support, and referrals to health care services. Participants use WIC benefits at approved grocery stores and pharmacies to purchase healthy foods and infant formula. WIC serves families with children under age five, including mothers, fathers, grandparents, and foster parents who meet eligibility guidelines.



CMDHD also participates in the WIC Produce Connection program. This program provides eligible clients with locally grown, fresh fruits and vegetables from authorized growers at farmers markets and roadside stands across Michigan. The program supports both healthy eating and local agriculture.



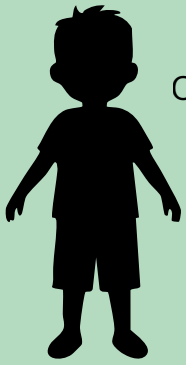
COMMUNITY IMPACT

Each month, **more than 4,200 clients** receive WIC services and benefits through CMDHD. In 2024, families across the district spent more than **3.5 million dollars in WIC benefits** on approved food items. Through nutrition support, education, and access to healthy foods, WIC continues to improve health outcomes for families in our communities.



PERSONAL & FAMILY HEALTH

2025 AT A GLANCE



44
CSHCS New Enrollees

596
CSHCS Renewals



5,694
Vaccinations Given
(not including Influenza)

1,471
Confirmed COVID-19 Cases



1,715
Lead Tests Administered

4,605
Hgb Tests Administered

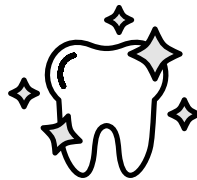


18
Reported Cases of Salmonella

24
Reported Cases of Campylobacter

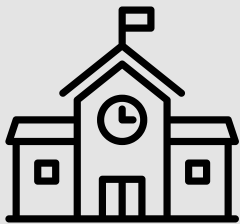


400
Oral Screenings



348
Fluoride Varnish Applications

466
Peer Counselor Client Appointments

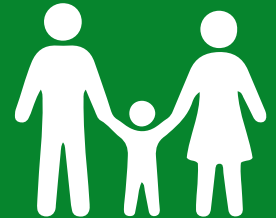


103
Schools Served by HRAs



74
Rx Kids Families Enrollees in Clare County

\$117,000
Distributed by Rx Kids to Enrolled Families in Clare County



Over
4,200
WIC Clients

1,103
MIHP Developmental Screenings



42
Bats Tested Positive for Rabies (Statewide)



3,708
MIHP Home, Office, and Telehealth Visits

527
Residents Received Post-Exposure Rabies Treatment

708
BJWC Patient Visits



We acknowledge our community partners with gratitude, including:

- Area Assisted Living Facilities
- Area Child Protection Councils
- Area Churches
- Area City & County Management
- Area Commissions/Councils on Aging
- Area Daycares, Head Starts, and Great Start Collaboratives
- Area Hospitals and Medical Providers
- Area Housing Commissions
- Area Law Enforcement
- Area Libraries
- Area Long Term Care and Assisted Living Facilities
- Area MDHHS Offices
- Area Perinatal Quality Collaboratives
- Area School Districts
- 211
- Area on Aging
- Arenac County Animal Control
- Arenac County Baby Pantry
- Arenac Drug and Alcohol Containment Task Force
- Arenac Opportunities
- Arenac Public Transit
- Arenac-Bay Veterinary Services
- Au Gres Care Center
- Au Gres Children's Closet Exchange
- Beaverton Lions Club
- Big Boys Club of Gladwin County
- Brigham Insurance Agency, LLC
- Central Michigan Recovery and Education Network
- Central Michigan University
- Charter Township of Union
- Chippewa Nature Center
- Chippewa River Watershed Conservancy
- Clare Baby Pantry
- Clare County Transit
- Clare-Gladwin CAN Council
- Clare-Gladwin CTE Program
- Clare Gladwin Prevention Coalition
- Clothing INC
- Community Mental Health
- Delta Dental
- Disability Network of Central Michigan
- EightCAP
- Emergency Preparedness Regions 3, 6, & 7 County Emergency Management, Emergency Planning Teams, Epidemiologists, Healthcare Coalitions, Homeland Security, and Public Health Emergency Preparedness Coordinators
- Feeding America
- Ferris State University
- Gerrish Township
- Gladwin Baby Pantry
- Gladwin City Housing Commission
- Gladwin Community Action Agency
- Gladwin Conservation District
- Gladwin County Animal Shelter
- Gladwin County Christmas Kindness
- Gladwin Eagles
- Gladwin Knights of Columbus
- Great Lakes Bay Pride
- Greater Lansing Food Bank
- Helping Hands
- Hersey House of Hope
- Higgins Lake Foundation
- Higgins Lake Friends for Clean Water
- Higgins Lake Property Owners Association
- Indian Health Services
- Infant Mental Health
- Isabella Conservation District
- Isabella County Infant Pantry
- Isabella County Parks and Recreation
- Isabella County Soup Kitchen
- Isabella Substance Awareness Coalition
- Kiwanis Club of Mt Pleasant
- Listening Ear
- Little Forks Conservancy
- Love Inc. of Osceola County
- Mecosta/Osceola Prevention Coalition
- Medicaid Health Plans
- Michigan State University/MSU Extension
- Michigan Therapeutic Consultants
- Michigan Works!
- Mid Michigan College
- Mid Michigan Community Action Agency
- Midland County Department of Public Health
- Mt. Pleasant Convention and Visitors Bureau
- Mt. Pleasant Care Store
- Mt. Pleasant Discovery Museum
- Mt. Pleasant Lions Club
- Mt. Pleasant Parks and Recreation
- My Community Dental Centers
- Nimkee Health Center
- Northeast Michigan Community Service Agency
- Northern Michigan Children's Assessment Center
- Northern Michigan Opioid Response Consortium
- Northwest Michigan Community Action Agency
- Paramount Physical Therapy
- Patagonia HER
- Peer360
- R.I.S.E. Advocacy Center
- Richmond Township
- Roscommon Drug Free Coalition
- Rx Kids
- Saganing Eagle Tribal Center
- Saginaw Chippewa Indian Tribe
- Saginaw Valley State University
- Salvation Army
- Sears Food Pantry
- Shelterhouse
- Stone Soup Kitchen
- Sunrise Community Resource Center
- Ten16
- The Busy Beaver Publications
- The Gathering Food Pantry
- The HUB Venue in Harrison
- The Longer Table
- The Well Outreach
- United Way
- Up North Coffee
- US Army Corps of Engineers
- Village of Lake Isabella

Visitor Information



ARENAC COUNTY OFFICE
583 E. Cedar St., Suite 100
Standish, MI 48658
PO Box 734
Ph: 989-846-6541
FAX: 989-846-0431



BLUEJAY WELLNESS CENTER
238 S. Chippewa St.
Shepherd, MI 48883
Ph: 989-567-9034



CLARE COUNTY OFFICE
815 N. Clare Ave.
Harrison, MI 48625
Ph: 989-539-6731
FAX: 989-539-4449



GLADWIN COUNTY OFFICE
103 N. Bowery
Gladwin, MI 48624
Ph: 989-426-9431
FAX: 989-426-6952



MARION OFFICE
101 E. Main Street
P.O. Box 39
Marion, MI 49665
Ph: 231-743-9877
FAX: 231-743-2140



MOUNT PLEASANT OFFICE
2012 E. Preston St.
Mt. Pleasant, MI 48858
Ph: 989-773-5921
FAX: 989-773-4319



OSCEOLA COUNTY OFFICE
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Reed City, MI 49677
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FAX: 231-832-1020



ROSCOMMON COUNTY OFFICE
200 Grand Ave Suite A
Prudenville, MI 48651
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FAX: 989-366-8921



ROSEBUSH OFFICE
4011 E Rosebush Road
Rosebush, MI 48878
Ph: 989-726-4405
FAX: 989-433-8022